

# MEETING CRITICAL COMMUNITY NEEDS



**AmeriCorps  
Seniors**

## Help us meet critical community needs!

In King County, we greatly need volunteers to support the success of young people in school, promote the independence of elders, and solve hunger and promote healthy eating for low-income families and adults. No experience in these particular areas is needed to get involved.

## Retired and Senior Volunteer Program (RSVP) Priority Areas:

- Promote Independence for Older Adults
- Support K-12 Success
- Increase Food Security in Our Community
- Improve Health Access for Older Adults and Adults Living with Disabilities
- Build Capacity and Support Other Community Needs



### PROMOTE INDEPENDENCE FOR OLDER ADULTS

Help meet critical needs of low-income, isolated older adults in your neighborhood. Offer companionship, support, and assistance. Provide transportation and/or run errands. Match up with and support an older adult to help them maintain independence. You can make a positive difference in seniors' lives! Virtual opportunities are available.

### SUPPORT K-12 STUDENTS' SUCCESS

Provide vital support to K-12 students through tutoring and homework help, mentoring, support, and structure. Be a guiding hand and make learning exciting, relevant, and creative. With as little as one hour a week, you can make a difference in a student's life.



## INCREASE FOOD SECURITY IN OUR COMMUNITY

Help solve hunger in King County! Grow food at a farm, serve at a food bank or food distribution center, support a senior meal program, help with grocery shopping or delivery, or assist with 6-week classes teaching cooking skills and nutrition concepts to adults and families living on low incomes.



## IMPROVE HEALTH ACCESS FOR OLDER ADULTS & ADULTS LIVING WITH DISABILITIES

Provide community members with free, unbiased, and confidential Medicare education and healthcare options. Counsel people of all ages – including people under age 65 living with disabilities, people getting ready to turn 65, and those already enrolled. Volunteers can also help screen to see if people qualify for low-income programs to save money on Medicare coverage.



## BUILD CAPACITY & SUPPORT OTHER COMMUNITY NEEDS

There are a variety of additional exciting opportunities to help build nonprofits' capacity to support the community. RSVP helps you find volunteer opportunities that match your passion, your skills, and your schedule. If you'd like help finding an opportunity that's right for you, contact us today!



*King County RSVP is an  
AmeriCorps Seniors program of...*



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*Interpretation services and reasonable accommodations for disabilities made on request.*