

## Do you have extra fruit?

The **Community Fruit Tree Harvest** helps homeowners harvest extra fruit and donate it to organizations serving those that can use it — food banks, meals programs, shelters and community organizations.



We are working with volunteers in your neighborhood to harvest fruit.

If you would like your fruit harvested this year, please call:

Seattle Tilth Garden Hotline

206.633.0224 or [help@gardenhotline.org](mailto:help@gardenhotline.org)

*The Community Fruit Tree Harvest is a collaboration between Solid Ground's Lettuce Link program & Seattle Tilth.*

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In 2009, Community Fruit Tree Harvest volunteers picked more than **19,600** pounds of fruit and delivered it to Seattle food banks and meals programs — fruit that would otherwise fall to the ground and go to waste. You can help by donating fruit from your tree. We'll provide the volunteers to harvest (and we'd love if you gave us a hand)!

### What fruits?

- apples, plums, pears, Asian pears
- pesticide-free
- worm-free
- harvested from the tree (not the ground)



[www.solid-ground.org/Programs/Nutrition/FruitTree](http://www.solid-ground.org/Programs/Nutrition/FruitTree)

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