



Got fruit? Give fruit!

Solid Ground's Lettuce Link program encourages you to share the bounty of fruit trees with those in need in your community.

Tree owners . . .

If you have harvested more healthy fruit than you need and would like resources about where to donate it, contact Sadie at [sadieb@solid-ground.org](mailto:sadie@solid-ground.org) or 206.694.6751.

If you need help harvesting your pesticide-free, worm-free apple, plum or pear trees for donation, contact Seattle Tilth at help@gardenhotline.org or 206.633.0224.

Volunteers . . .

If you would like to help pick and deliver donated fruit, contact Sadie at [sadieb@solid-ground.org](mailto:sadie@solid-ground.org) or 206.694.6751.



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In 2008, Community Fruit Tree Harvest volunteers picked more than **14,000** pounds of fruit and delivered it to Seattle food banks and meals programs—fruit that would otherwise fall to the ground and go to waste.

What fruits?

- apples, plums, pears, peaches, grapes
- pesticide-free
- worm-free
- harvested from the tree (not the ground)

What neighborhoods?

We and other community groups harvest fruit in all Seattle neighborhoods. To start a fruit tree harvest in your own neighborhood, contact Sadie at sadie@solid-ground.org or 206.694.6751

What time commitment?

Volunteers commit three hours—or one picking shift—although many people decide to do more than one shift. Volunteers work in teams.

What other help?

If you can't pick fruit but want to help, volunteers are needed to sort fruit, scout trees for ripeness, contact food banks and deliver the produce.

The Community Fruit Tree Harvest is a collaboration between Solid Ground's Lettuce Link program & Seattle Tilth.



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