



## Got fruit? Give fruit!

Solid Ground's Lettuce Link program encourages you to share the bounty of fruit trees with those in need in your community.

### **Tree owners . . .**

If you need help harvesting your pesticide-free, worm-free apple, plum or pear trees for donation, contact Seattle Tilth at [help@gardenhotline.org](mailto:help@gardenhotline.org) or 206.633.0224.

If you have harvested more healthy fruit than you need and would like resources about where to donate it, contact Molly at [fruitharvest@solid-ground.org](mailto:fruitharvest@solid-ground.org) or 206.694.6751.

### **Volunteers . . .**

If you would like to help pick and deliver donated fruit, contact Molly at [fruitharvest@solid-ground.org](mailto:fruitharvest@solid-ground.org) or 206.694.6751.



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In 2010, Community Fruit Tree Harvest volunteers picked more than **3,300** pounds of fruit for Seattle food banks and meals programs—fruit that would otherwise fall to the ground and go to waste.

### Which fruits?

Apples, plums, pears, peaches, and grapes that are:

- pesticide-free
- worm-free
- harvested from the tree (not the ground)

### Where?

We and other community groups harvest fruit in all Seattle neighborhoods. To start a fruit tree harvest in your own neighborhood, contact Molly at [fruitharvest@solid-ground.org](mailto:fruitharvest@solid-ground.org) or 206.694.6751

### For how long?

Volunteers work in teams and commit to three hours or one picking shift, although many people decide to do more than one shift.

### Get involved!

If you can't pick fruit but want to help, volunteers are also needed to sort fruit, scout trees for ripeness, and deliver produce.

*The Community Fruit Tree Harvest is a collaboration between Solid Ground's Lettuce Link program & Seattle Tilth.*



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