



JourneyHome's Stable Families  
is a project of



About JourneyHome's Stable Families  
Solid Ground's JourneyHome program works with homeless families transitioning to permanent housing. Our Stable Families project targets *previously* homeless families with a history of returning to crisis mode and homelessness. Stable Families works with families after they have been in permanent housing at least six months and/or have completed other extended case management programs.

To be eligible, families must have...

- A social service provider's referral
- Children under age 18
- Income at or below 50% of the median
- Three or more serious housing barriers (e.g., past domestic violence, substance abuse, criminal record, immigrant or refugee status with limited English, CPS involvement, mental health or other disabilities, unemployment or extremely low income)

### We believe...

- Our community has the resources, will and ability to end poverty.
- All people have the right to food, shelter, social justice and opportunities.
- Racism perpetuates poverty. To end poverty, we must undo racism.

We believe that together, we can build a community free from poverty, prejudice and neglect in which all members stand on Solid Ground with the skills and confidence needed to achieve their dreams.

#### MAILING ADDRESS

1501 North 45th Street, Seattle, WA 98103-6708

INFO & INTAKE  
206.694.6734

PROJECT CONTACT  
206.694.6739

TTY  
206.694.6710

FAX  
206.694.6777

EMAIL  
stablefamilies@solid-ground.org

WEB  
solid-ground.org

Reasonable accommodations for disabilities made on request.



## Stable Families Project



*Helping families at risk  
of homelessness  
maintain long-term  
housing stability*

To refer a family, call: 206.694.6734

# Keeping previously homeless families on the path to stability

The dedicated staff at Stable Families (a project of the JourneyHome program) help previously homeless families access essential services



— so they can maintain stable, permanent housing and NOT become homeless again.

Services are open to families who...

1. Have been homeless in the past three years and currently have permanent housing, but are at high risk for eviction without case management and support services.
2. Have at least one dependent child or dependent disabled adult relative.
3. Can commit to enhancing their skills and building the income they need to maintain housing.

4. Have exhausted all other available case management resources.
5. Are ready, able and willing to identify and address the issues that put them at risk of homelessness.
6. Commit to working with their case managers for at least *six months*.
7. Maintain active working relationships with their case managers — including setting and following through on goals.

Stable Families services include...

- Comprehensive intake and assessment
- Long-term, non-time-limited case management
- Individually tailored and culturally competent family service planning
- Flexible emergency financial aid (e.g., for short-term rent subsidies, employment-related costs, utilities, food, car repair, eviction prevention)
- Clinical mental health evaluations, referrals and support
- Financial Skills and Rent Smart classes, and one-to-one budget counseling
- Domestic Violence support as needed

*"I'm a single father, I've got evictions, I've got a real extensive criminal record, and I have bad credit. I might have hit a brick wall... [But] they worked with me through the whole process, and provided resources when needed. I'm very thankful for them."*

Daniel, former client who has successfully maintained stable housing for several years

## Additional services

### *Direct support*

- Short-term rent subsidies to help maintain housing
- Stability support (e.g., basic needs, budgeting, credit reports, transportation and referrals to health care, child care and other vital service links to help families maintain housing stability)

### *Housing search & advocacy*

Housing Search Specialists to assist families at risk of homelessness who need help maintaining or finding new permanent housing.

### *Service coordination*

Coordination with other service providers to identify and address service gaps to help families stabilize and stay in housing.