



## One voice of experience

*“RSVP helped me find a volunteer opportunity that fits my skills and my schedule.*

*“For me, community service is a fun, exhilarating experience, and it makes me feel incredibly good about myself.”*

PETER LANGMAID, RSVP AMBASSADOR, RETIRED REI MANAGER

**Contact RSVP:  
206.694.6785 or  
206.694.6786**

RSVP (Retired & Senior Volunteer Program)  
is a program of



### Our Mission, Vision & Values:

**MISSION:** Solid Ground works to end poverty and undo racism and other oppressions that are root causes of poverty.

**VISION:** Solid Ground believes our community can move beyond poverty and oppression to a place where all people have access to quality housing, nutritious food, equal justice and opportunities to thrive.

**VALUES:** Solid Ground is committed to working with compassion, integrity, accountability, creativity and an anti-oppression approach to end homelessness, hunger, inequality and other barriers to social justice. We value collaboration and leadership from the communities we serve.

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PHONES  
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TTY  
7.1.1

FAX  
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EMAIL  
RSVP@solid-ground.org

WEB  
[www.solid-ground.org/GetInvolved/Volunteer/RSVP](http://www.solid-ground.org/GetInvolved/Volunteer/RSVP)

**Reasonable accommodations for disabilities made on request.**

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# RSVP



## Experience in action!

*Meeting community needs by encouraging & supporting volunteerism for people 55 & older in King County*

# Enrich your life as you enrich the lives of others



RSVP is part of Senior Corps, a federally funded national service program.

We strive to make volunteering easy and rewarding by finding you appropriate volunteer positions and providing ongoing support during your volunteer service.

## How to join RSVP

- 1) Give us a call and we'll help match you with a volunteer opportunity that meets your specific skills and interests.
- 2) Browse our web page to get an idea of the options available to you: [www.solid-ground.org/GetInvolved/Volunteer/RSVP](http://www.solid-ground.org/GetInvolved/Volunteer/RSVP)
- 3) Fill out a volunteer registration form to receive all the benefits of membership.

## RSVP membership benefits

- Connection to meaningful volunteer opportunities.
- Membership in a national organization dedicated to encouraging and supporting volunteerism among people in the second half of their lives. Help demonstrate to our country the positive impact senior volunteers can have!
- Personal service and ongoing support throughout your volunteer tenure.
- Supplemental personal and auto liability insurance (beyond your own coverage) while volunteering and traveling to and from your RSVP assignment – at no cost to you.
- A subscription to RSVP's free quarterly newsletter, *Experience in Action!*, containing program news, volunteer opportunities and articles by volunteers.
- Annual recognition of your vital contributions to RSVP's mission.

*RSVP is committed to matching you with a volunteer project that draws on your strengths and interests – and supports you in making a difference.*

## A few RSVP opportunities

- **Strategic planning.** Help community agencies plan for the future.
- **Consumer awareness.** Educate seniors about fraud.
- **Nutrition programs.** Help at food banks, community gardens or congregate meal programs for seniors. Deliver healthy meals to the homebound.
- **Knit-it-alls.** Knit or crochet cold-weather clothing for the homeless.
- **Educate others.** Help immigrants learn English or prepare for citizenship, teach a class at a senior center, or tutor youth.
- **Arts organizations & museums.** Greet customers, do research, or be a docent.
- **RSVP ambassador.** Represent RSVP by encouraging others to stay active and contribute to their community!
- **Disaster preparedness & response.** Help communities prepare for disasters.