



One voice of experience

“RSVP helped me find a volunteer opportunity that fits my skills and my schedule.

“For me, community service is a fun, exhilarating experience, and it makes me feel incredibly good about myself.”

PETER LANGMAID, RSVP AMBASSADOR, RETIRED REI MANAGER

Contact RSVP:
206.957.4779 x116 or x122

RSVP (Retired & Senior Volunteer Program)
is a program of



We believe...

- Our community has the resources, will and ability to end poverty.
- All people have the right to food, shelter, social justice and opportunities.
- Racism perpetuates poverty. To end poverty, we must undo racism.

We believe that together, we can build a community free from poverty, prejudice and neglect in which all members stand on Solid Ground with the skills and confidence needed to achieve their dreams.

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WEB
www.solid-ground.org/GetInvolved/Volunteer/RSVP

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RSVP



Experience in action!
*Encouraging & supporting
volunteerism for people
55 & older in King County*

Enrich your life as you enrich the lives of others



RSVP is part of Senior Corps, a federally funded national service

program. We

strive to make volunteering easy and rewarding by finding you appropriate volunteer positions and providing ongoing support during your volunteer service.

How to join RSVP

- 1) Give us a call and we'll help match you with a volunteer opportunity that meets your specific skills and interests.
- 2) Browse our web page to get an idea of the options available to you: www.solid-ground.org/GetInvolved/Volunteer/RSVP
- 3) Fill out a volunteer registration form to receive all the benefits of membership.

RSVP membership benefits

- Connection to meaningful volunteer opportunities.
- Membership in a national organization dedicated to encouraging and supporting volunteerism among people in the second half of their lives. Help demonstrate to our country the positive impact senior volunteers can have!
- Personal service and ongoing support throughout your volunteer tenure.
- Supplemental personal and auto liability insurance (beyond your own coverage) while volunteering and traveling to and from your RSVP assignment — at no cost to you.
- Reimbursement for public transit or auto mileage if you require transportation assistance in order to volunteer.
- A subscription to RSVP's free quarterly newsletter, *Experience in Action!*, containing program news, volunteer opportunities and articles by volunteers.
- An annual special event celebrating volunteers — recognizing your vital contributions to RSVP's mission.

RSVP is committed to matching you with a volunteer project that draws on your strengths and interests — and supports you in making a difference.

A few RSVP opportunities

- Strategic planning. Help community agencies plan for the future.
- Consumer awareness. Educate seniors about fraud.
- Nutrition programs. Help at food banks, community gardens or congregate meal programs for seniors. Deliver healthy meals to the homebound.
- Knit-it-alls. Knit or crochet cold-weather clothing for the homeless.
- Educate others. Help immigrants learn English or prepare for citizenship; teach a class at a senior center; or tutor youth.
- Arts organizations & museums. Greet customers, do research, or be a docent.
- RSVP ambassador. Represent RSVP by encouraging others to stay active and contribute to their community!
- Disaster preparedness & response. Help communities prepare for disasters.