

RSVP

Partner sites and Volunteer Opportunities

**For more information call 206-957-4779 x 122
Or email jeng@solid-ground.org**

NORTH & EAST KING COUNTY:

Bellevue-North Community Senior Center – The center is a major focal point for a comprehensive array of senior programs and services. Come by for a tour and let us show you the wide range of volunteer opportunities we have!

Bellevue-South Senior Program (at Coal Creek YMCA) - needs volunteer Instructors for classes - if someone has a talent they would like to share with others, we can set up a class! We also need Reading Grandmas/Grandpas, and Hostesses to set up and help serve lunch.

Chris Elliot Fund- Volunteer with a dynamic and passionate organization dedicated to increasing awareness, funding, care and support for sufferers of Glioblastoma brain cancer and their families. Current volunteer opportunities include fundraising, research, committee work, administrative tasks, event planning and helping at events. outreach, research & grant writing, administrative tasks and helping at events. They are currently seeking a part-time volunteer executive assistant.

Elder and Adult Day Services - Elder and Adult Day Services (EADS) is looking for an experienced volunteer fundraising consultant to advise, council and give direction for a high level strategic plan that is grounded in applicable research/data. The selected candidate will work directly with the CEO at our Bellevue office.

Evergreen Health Care (Kirkland)- Evergreen Hospital, located in Kirkland, has need of volunteers in the following areas: Information desk, gift shop, Thrift Shop (located in Totem Square), office staff, Nursing Unit support, Physical Therapy support, Surgery Liaison, Emergency Room support, Cancer services, Project Partners Work Group (knit, crochet, prepare mailings), and Day Surgery support. Training provided for all areas.

Evergreen Hospice and Palliative Care - Volunteers are needed at the Kirkland hospice center for visiting patients, helping staff, animal assisted therapy, office help and reception. Volunteers are also needed for in-home visits for respite for primary caregivers, companionship, running errands, light household help, massage, etc. We offer a comprehensive training so volunteers will feel confident in offering hospice assistance.

Group Health Hospital - seeking friendly, energetic volunteers for the information/escort desk, gift shop, surgical waiting area, Physical/Occupational Therapy, and Family Beginnings Unit. Shifts are usually four hours, with lunch and parking provided.

Hopelink – Bellevue, Kirkland, Northshore, Redmond, Shoreline and Sno-Valley locations. Hopelink serves homeless and low-income people, promoting self-sufficiency for all members of our community. Volunteers needed as GED tutors, English as a Second Language Teachers, Nutrition/Cooking teachers, Computer Teachers or Tutors, Childcare Assistants, or Food

Distribution. Daytime and evening hours are available, and a 2-5 hour commitment is required per week.

Humane Society for Seattle/King County - (Bellevue). We need volunteers we can count on to help us in the event of a local disaster (such as last year's snow storm) – volunteers who can come to our campus to help us care for our animals and any community animals that are brought to us for refuge. You can also help out by assisting our Operations Dept. to prep and handle animals for the filming of our Comcast On Demand Adopt-A-Pet program, every other Thursday from 9:00 to 1:00.

Kenmore Senior Program – Program of Northshore Senior Center. The seniors in our program have a great desire and need to make crafts of any sort. We need a volunteer that would be willing to organize, come up with ideas and locate material for this class. We will also help in the efforts of locating needed material.

Kidsquest Childrens Museum – Factoria Mall location. Explore, play and learn together at this hands-on museum for children and families. Volunteers are needed to do crafts with kids as well as interact with patrons.

Mercer Island Chamber of Commerce - The Mercer Island Chamber of Commerce supports the growth, development and advancement of the businesses of Mercer Island while promoting the Island as a special place to live, work and play. There are many ways to get involved and support your community. Come join us!

Mercer Island Parks and Recreation – provides meaningful volunteer opportunities for its citizens that help instill a sense of pride, ownership, and shared responsibility for its community services, parks, and resources. They are currently looking for a volunteer senior bus driver for Tuesday afternoons, 11:45am - 4:00pm offering senior adults the opportunity to participate in our programs.

Mount Si Senior Center (North Bend) – desires to enhance the quality of life for older adults in the Snoqualmie Valley by providing a comprehensive network of services including health, social, recreational, and educational programs, housing and transportation. Always looking for volunteers, the kitchen, front desk, or thrift store!

Northshore Senior Center (Senior Centers at Bothell, Kenmore, Mill Creek and Woodinville and Adult Day Care at Bothell)- Come help set up for, lead and serve at senior center events. Computer help also needed. Training provided.

Overlake American Cancer Society Discovery Shop- Can you commit to a 4-hour shift once per week for a good cause? Join the all volunteer team which runs and operates this fabulous thrift store. Volunteer jobs include cashiers, taggers, and sorters. Cashiering is the highest need! Store is open 7 days a week.

Overlake Hospital – Clinical Unit volunteers are needed to provide support by answering patient call lights, assisting patient families and guests. Volunteer shifts are typically 4 hours. Training is provided.

Power of One Senior Volunteers in the Shoreline Public Schools (Shoreline) - Looking for a worthwhile way to spend some of your free time? We need tutors and mentors. Work with students from early childhood (ages 2 and 3) all the way up to parents learning to speak English. Volunteers are able to fit school time into their busy schedules because they are able to choose their level of commitment whether it's once a week for an hour, a one time visit or more. The school calendar offers lots of opportunity for vacations with three official breaks during the year.

Puget Sound Regional Branch of the Washington State Archives (Bellevue) - The Puget Sound Regional Archives is seeking volunteers to help us preserve and provide access to the historical records in our collections from agencies in King, Kitsap and Pierce Counties. Volunteers get to work with historical documents and photographs through a variety of tasks. No special skills are required, but an interest in genealogy, historical research, or local history will make the experience more rewarding.

Starlight Children's Foundation Northwest (Redmond) - has a mission to help seriously ill children and their families through entertainment, education and activities. They are currently looking for volunteers to help with general office duties. These opportunities are available during their office hours of 9am to 5 pm and require a time commitment of 2 to 4 hours per week.

New opportunity! Public Relations Specialist: prepare and disseminate information, press releases, and media alerts regarding Starlight Children's Foundation through newspapers, television, radio, social media, and other forms of media. Requires sound judgment to plan and accomplish Starlight goals. Must be creative, have the ability to perform a variety of tasks, and to be open-minded to various options of communicating to mass media. This position is also responsible for assisting in the production of Starlight Northwest newsletters.

City of Redmond- The City of Redmond is seeking reception desk volunteers. Have you ever wondered about the inner workings of City Hall? Are you interested in providing information and helping people find where they are going? Then this opportunity may be for you!

Redmond Senior Center - utilizes a great staff of warm, friendly volunteers in many areas: Nutrition, Reception, Programming, and much more. Openings change as the life events of our volunteers fluctuate. If you are looking for a fun and interesting place to make a difference, come see us at the RSC. Hours and shifts vary.

Redmond Senior Chorus – Join this group of 30 happy singers for a delightful time of music. The group presents one or two performances each year. The chorus meets at the Redmond Senior Center from 1:00 to 3:00 on Thursdays.

**The Redmond Senior Chorus is in need of a Pianist/Accompanist who is a good sight reader and has experience working with a vocal group.

Saint Vincent de Paul – Kenmore Thrift Store – We need several volunteers interested in working in Linens, Electronics, or sorting miscellaneous donations. For each position we are looking for someone who can commit to working 15-20 hours per week. The store is open Monday-Friday from 9 am to 7 pm, Saturday from 10 am to 6 pm and Sunday from 11 to 6. You can work a schedule that works for you anytime during those hours.

SeniorNet of Puget Sound (Bellevue) – Help seniors teach seniors about computers. Volunteer positions are available for Computer Instructors and Assistant Instructors. Training sessions are included.

Shoreline/Lake Forest Park Senior Center – The Shoreline-Lake Forest Park Senior Center provides a wide range of activities and services for seniors 50 and over. Volunteers are needed and many different opportunities are available, such as reception.

Sno-Valley Senior Activity Center (Carnation)- located in scenic Carnation. Needs volunteer drivers for trips. Trips are on weekdays and drivers receive free admission. No special license needed. Also needed are on-call drivers to take seniors to doctor appointments in Seattle, Redmond or Bellevue. Volunteers are also always welcome to serve and bus tables for our monthly Steak dinner held the 2nd Saturday of the month.

7/20/2011

Starlight Children's Foundation-Northwest - Is seeking a volunteer public relations specialist to assist in the production of Starlight Northwest newsletters as well as prepare and disseminate information, press releases and media alerts through newspapers, television, radio, social media, and other forms of media. The position requires a 6 month commitment and the ability to work with staff at least 4 to 5 hours per week.