

**RSVP**  
**Partner sites and Volunteer Opportunities**

**For more information call 206-957-4779 x 116**  
**Or email [robink@solid-ground.org](mailto:robink@solid-ground.org)**

**NORTH & EAST KING COUNTY:**

**Bellevue-North Community Senior Center** - needs the following: Volunteers for our new coffee bar M-F 8:30am-4pm in 2-hour shifts. Duties include serving/making coffee, tea, and hot chocolate, clean-up, taking-in money for coffee/baked goods and having a cheerful, customer-oriented attitude.

**Bellevue-South Senior Program (at the Lake Heights YMCA)** - needs volunteer Instructors for classes - if someone has a talent they would like to share with others, we can set up a class! We also need Reading Grandmas/Grandpas, and Hostesses to set up and help serve lunch.

**Bridge Ministries (Kirkland)**- work with physically disabled people to find resources to help keep them independent, or work on medical equipment repair.

**Eastside Group Health Hospital (Redmond)**–

**Eastside Heritage Museum (Bellevue)** – Hosts are needed at the Winters House on Bellevue way to greet and count visitors, handle gift shop transactions and give information as needed. On-the-job training offered. Host work in pairs one day/month. Hours are Thursday, Friday & Saturday from 10 a.m. to 2.

**Elder and Adult Day Services** - (Bellevue and Issaquah) Nutritional well-being plays a vital role in the overall health, independence, and quality of life of our frail seniors and adults with disabilities. You can help contribute to that well-being by picking up our meals at Overlake Hospital and delivering them to our Bellevue Center (no cooking required). Two meal pick-up times are available Monday through Friday. Our therapeutic activities program improves the health, independence, and quality of life of our frail seniors and adults with disabilities. You can also assist with baking, art, exercises, lunchtime activities and music. New friends are always welcome! Flexible hours.

**Evergreen Health Care (Kirkland)**- Evergreen Hospital, located in Kirkland, has need of volunteers in the following areas: Information desk, gift shop, Thrift Shop (located in Totem Square), office staff, Nursing Unit support, Physical Therapy support, Surgery Liaison, Emergency Room support, Cancer services, Project Partners Work Group (knit, crochet, prepare mailings), and Day Surgery support. Training provided for all areas.

**Hopelink (Redmond and various other locations)** - Volunteers needed as GED tutors, English as a Second Language Teachers, Nutrition/Cooking teachers, Computer Teachers or Tutors, or Childcare Assistants. These opportunities are available for daytime and evening hours, require a 2-5 hour commitment per week, and work in either a classroom or in a one-on-one setting. Volunteers also needed to help with food distribution at our Bothell Food Bank and grocery donation pick-up at our Kirkland Food Bank.

**Humane Society for Seattle/King County** - (Bellevue). We need volunteers we can count on to help us in the event of a local disaster (such as last year's wind storm) – volunteers who can come to our campus to help us care for our animals and any community animals that are brought to us for refuge. You can also help out by assisting our Operations Dept. to prep and handle animals for the filming of our Comcast On Demand Adopt-A-Pet program. Every other Thursday from 9:00 to 1:00.

**Kenmore Senior Program** - The seniors in our program have a great desire and need to make crafts of any sort. We need a volunteer that would be willing to organize, come up with ideas and locate material for this class. We will also help in the efforts of locating needed material.

**Kirkland Arts Center** - for 43 years Kirkland Arts Center has provided artists and arts lovers of all ages and abilities opportunities to work together to build creative skills and augment their knowledge and appreciation of visual arts. The center provides classes and the only non-profit gallery on the Eastside. We need volunteers to provide Administrative help to the staff, clients, and visitors, and a handy person to help keep the facility working.

**Mercer Island Chamber of Commerce** -

**Mercer Island Parks and Recreation** - is looking for a volunteer senior bus driver for Tuesday afternoons, 11:45am - 4:00pm offering senior adults the opportunity to participate in our programs.

**Mount Si Senior Center** (North Bend) –

**Northshore Senior Center** (Senior Centers at Bothell, Kenmore, Mill Creek and Woodinville and Adult Day Care at Bothell)- Come help set up for, lead and serve at senior center events. Computer help also needed. Training provided.

**Peter Kirk Community Center Seniors** (Kirkland) – We currently need someone to answer phones at the front desk 9 to noon or noon to 3pm on Tuesdays and Thursdays. We also need help with our Meals on Wheels program.

**Power of One Senior Volunteers in the Shoreline Public Schools** (Shoreline) - Looking for a worthwhile way to spend some of your free time? We need tutors and mentors. Work with students from early childhood (ages 2 and 3) all the way up to parents learning to speak English. Volunteers are able to fit school time into their busy schedules because they are able to choose their level of commitment whether it's once a week for an hour, a one time visit or more. The school calendar offers lots of opportunity for vacations with three official breaks during the year.

**Puget Sound Regional Branch of the Washington State Archives** (Bellevue) - The Puget Sound Regional Archives is seeking volunteers to help us preserve and provide access to the historical records in our collections from agencies in King, Kitsap and Pierce Counties. Volunteers get to work with historical documents and photographs through a variety of tasks, such as indexing documents and photographs; transferring paper records to computer files; foldering and photocopying fragile and/or deteriorating materials for preservation purposes. No special skills are required, but an interest in genealogy, historical research, or local history will make the experience more rewarding.

**Redmond Senior Center** - utilizes a great staff of warm, friendly volunteers in many areas: Nutrition, Reception, and Programming. Openings change as the life events of our volunteers

fluctuate. If you are looking for a fun and interesting place to make a difference come see us at the RSC. Hours and shifts vary.

**Redmond Senior Chorus** – Join these happy songsters for a delightful time of singing. The group presents one or two performances each year. The chorus meets at the Redmond Senior Center.

**SeniorNet of Puget Sound** (Bellevue) – Help seniors teach seniors about computers. Volunteer positions available for Computer Instructors and Assistant Instructors. Includes training sessions.

**Shoreline/Lake Forest Park Senior Center** – We need help with reception! Help meet and greet visitors to our busy Senior Center.

**Sno-Valley Senior Activity Center** (Carnation)- located in scenic Carnation needs volunteer drivers for trips. Drivers receive free admission. Trips are weekdays. No special license needed. Also needed are on-call drivers to take seniors to doctor appointments in Seattle, Redmond or Bellevue. We also need volunteers to serve and bus tables for our monthly Steak dinner held the 2nd Saturday of the month.

**Starlight Starbright** (Redmond) - has a mission to help seriously ill children and their families through entertainment, education and activities. They are currently looking for volunteers to help with general office duties. Tasks may include: mailings, data entry, record keeping, filing and general office support. These opportunities are available during their office hours of 9am to 5 pm and require a time commitment of 2 to 4 hours per week.

They also have an on-going project in their warehouse that involves organizing and sorting toys collected during the holiday toy drive. This opportunity is perfect for individuals or groups and can be a one time or on-going commitment.

**Youth Eastside Services (Y.E.S.)** (Bellevue)- Receptionist - Provide first contact and support for YES clients, answering phones- directing the calls to the appropriate person or voicemail. One regular 4 hr. shift per week-1 yr commitment.

