

RSVP
Partner sites and Volunteer Opportunities

For more information call 206-957-4779 x 116
Or email robink@solid-ground.org

COUNTY-WIDE/OTHER LOCATIONS:

American Red Cross - serving King & Kitsap counties, is looking for individuals or couples to staff our front reception desk. Duties involve greeting visitors, providing information on where meetings & classes are being held, explain how to schedule classes, location of bathrooms and vending machines; responding to frequently asked questions; and occasional clerical task for all departments. Time commitment: Ongoing, one day a week, for a four-hour shift. Shifts are available Monday through Friday, 8:30am-6:00pm.

Big Brothers Big Sisters – Celebrating 50 years as the premier youth mentoring organization in Western Washington, BBBS matches children with mentors in either school or community based programs. Mentors can meet their matches once a week at school, or 2 to 3 times per month in a community setting. How much of a difference can a mentor make in the life of a child? You'd be amazed!

Circle of Friends for Mental Health – this wonderful group provides help and sharing for mentally disabled people through art. Share your art expertise, or be a helper. Classes offered at several facilities.

ElderHealth - Help relieve isolation among homebound elders through friendly visits. ElderFriends seeks people in the community who can visit twice monthly and keep in close contact with an elder friend through letters and phone calls. We especially need volunteers to visit with elders living in the Bellevue/Eastside and South King County areas. Training and ongoing education/support for volunteers provided.

Executive Service Corps - ESC offers consulting, coaching, facilitation and leadership development services to nonprofit agencies and schools. We are currently are looking for a Membership Manager to recruit and invite potential volunteers to orientations and help the director find good placements.

First Tee of Greater Seattle - is a youth-based charity organization that teaches positive values to kids through golf. Volunteers are needed for all aspects of the program at 3 areas courses: Jefferson, Jackson, or Crossroads. Non-golf activities include: administrative support, answering phones, staffing the clubhouse, maintaining safety during golf lessons, and most importantly - providing encouragement to kids by interacting with them as they learn. Volunteers who can assist with golf instruction are also needed, as well as volunteers for events.

Habitat for Humanity – we build hope and communities by building homes with volunteer labor, selling them, at cost with no profit and no interest, to working families in Seattle and South King County. Our volunteer needs are construction workers, retail help at our Home Improvement outlet, office help and event preparation.

King County Library System Words on Wheels - Do you like to read? Please share your love of reading and libraries with a shut-in or adult family home by delivering library materials once a month to one of King County Library System Traveling Library Center Words on Wheels patrons. The time commitment is about 2-4 hours a month.

King County Library System Study Zone - needs dedicated volunteer tutors. Use your skills in math, science, English, social studies, study methods and more! Help K-12 students with their homework questions and direct students to additional resources in the library. Volunteers should be comfortable in all subject areas up to the 6th grade level and proficient in 1 or 2 subject areas at the college-prep level. The program is available at KCLS libraries throughout King County. The commitment is 2 hours one day per week for one academic semester (September-January or February-June). Training provided.

Long Term Care Ombudsman Program – a program of Solid Ground. Advocate for Nursing Home Residents' Rights: become a certified Long-Term Care Ombudsman. Volunteer ombudsmen promote and protect the rights, dignity, safety and quality of life of elders in long-term care through advocacy and outreach. Volunteers are trained in Residents' Rights and Advocacy, and matched with a local long-term care facility. Training and ongoing support provided.

Multifaith Works – Help support people living in isolation and loneliness due to life-threatening illness, recovery from drugs/alcohol addiction, and inmates in local jails/prisons or family members grieving the loss of a loved one. Volunteers provide one-to-one emotional support or work as a member of a Care Team to provide community, friendship and practical support.

PEPS - The Program for Early Parent Support is looking for leaders of support groups for parents of newborns. Parents in these groups share concerns, successes, and ideas to help develop confidence in their own abilities as parents. Newborn groups last for 4 months. Group leaders attend an 8-hour evening or weekend training before their group starts. After the group starts, leaders should expect to spend 3-4 hours weekly preparing for meetings, leading meetings and communicating with group members. You can make a real difference in the lives of new parents and children in your community, and gain experience in group facilitation and leadership!

Puget Sound Blood Center - Become part of the lifesaving link that delivers blood to patients in need in your community. Puget Sound Blood Center is seeking friendly and flexible volunteers to greet and register donors in our computer system, and to assist donors after their donation while providing refreshments. Our blood centers and mobile blood drives are located across King County, and full training is provided for each position.

Reading to Pre-School Children: Special Opportunity with United Way of King County - United Way is recruiting 100 volunteers to read aloud to pre-school aged children (ages 3 to 5), one-on-one or in very small groups, in 20 select child care programs throughout King County. You will be asked to commit to 1 hour/week between 8:00 am and 5:00 pm for 9 months. You will have a choice of area, time, and facility. United Way will provide training and supervision. Helping children be ready to learn has proved to be one of the best ways to ensure success in school and life!

Sound Steps - is offered through Seattle Parks Senior Adult Programs. Volunteers are needed to help set up and run walking groups throughout the city. This is a FREE, year-round program to connect walkers, and give them tools and encouragement to keep exercising.

Study Buddy Literacy Tutoring Program - Study Buddy matches volunteer tutors with children in grades K-8 who are in need of academic support. Our organization provides training, placement, and ongoing support to volunteers. Area schools are in need of committed, caring

individuals with the desire to make a difference in the life of a child. Commitment is one hour per week through the school year.

Taproot Foundation – Work on a team of professionals who volunteer on 5 to 6 month projects for non-profit organizations. Projects may include creating websites, branding strategies, key messaging, naming services, visual identities, printed brochures, annual reports, donor databases, human resource programs and strategy management services.

Volunteer Chore Services - seeks volunteers to assist a low-income elder or adult living with a disability with housework, yard work, cooking, shopping, or transportation. Volunteers choose day/time/location. Volunteer Chore Services is committed to helping low-income elders and adults with disabilities remain living independently in their own home through a network of caring community members.

Volunteers for Outdoor Washington - Volunteers for Outdoor Washington trains volunteers to be stewards of the environment. We partner with land managers to build trails, restore habitat and preserve Washington State's rich heritage. Our volunteers have participated in the following projects: Golden Gardens Park in the Ballard of Seattle, the Iron Goat Trail just west of Stevens Pass, the Lime Kiln Trail near Granite Falls, Taylor Mountain Forest in east King county and the Tinkham Discover Trail in the I-90 corridor. Volunteers can be workers or team leaders. All tools and safety materials are provided as well as training. Come join our Vacation Volunteers!

Washington Reading Corps – Help elementary schools run reading programs assisted by VISTA and AmeriCorps volunteers. Volunteer tutors may help by reading with children one-on-one or in small groups. Training provided.

Washington Wilderness Coalition – Help preserve and restore wild areas in Washington State through citizen empowerment, support for grassroots community groups, advocacy and public education. Volunteer jobs include office work, event planning, business plan developer, historian, librarian, newsletter editor and volunteer coordinator.